



RACEBOOK UCI CLASS 2

VAM-BERG

WIJSTER, THE NETHERLANDS

UCI CROSS-COUNTRY TORQ 3 NATIONS CUP ROUND 3
26 APRIL 2026

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01 CONTACTS





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01 CONTACTS

01.1 LOCAL ORGANISER CONTACT

EXVENTURE – TORQ 3 NATIONS CUP

- Chairman Alex Schuttert alex@exventure.nl
- Eventcoördinator Leroy Schnieders leroy@exventure.nl
- Eventcoördinator Coen Schild coen@exventure.nl
- Online registration Yannick Eckey info@time-and-voice.com

01.2 WEBSITE AND SOCIALS

3 NATIONS CUP / MTB FESTIVAL

- Website 3 Nations Cup www.3nationscup.eu
- Website online registration www.time-and-voice.com
- Website MTB Festival www.mtbfestival.nl
- Instagram @3_nations_cup_mtb / @mtbfestival
- Facebook 3nationscupmtb / mtbfestival

LOCAL ORGANISING TEAM EXVENTURE

- Website www.exventure.nl
- Instagram @exventure_sports_events
- Facebook Exventure

ORQ FINISH



02 SCHEDULE



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02 SCHEDULE

02.1 SATURDAY 25 APRIL 2026

Time	Activity	Location
15:00 – 18:00	Registration open	Registration
16:00 – 19:00	Track exploration	Track

02.2 SUNDAY 26 APRIL 2026

Time	Activity	Location
07:30	Registration MTB Festival open	Registration
07:45-08:45	Track Exploration	Track
09:00	Race Masters/Amateurs	Track
10:30	Race Elite/U19/U17 Women	Track
12:00-12:45	Track Exploration T	Track
13:00	Race U19 Men	Track
14:30	Race Elite Men	Track
16:15	Race U17 Men	Track



03 ENTRIES



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03 ENTRIES

03.1 RIDER REGISTRATION

All registrations for UCI Cross Country Olympic 3 Nations Cup categories will need to be made on the www.time-and-voice.com website.

03.2 RACE LICENSES

All riders must hold a valid (in date) UCI license issued by their National Federation.

03.3 ENTRY FEE'S

The entry fee's for the different categories can be found on the regulations of the 3 Nations Cup

UCI Categories C2	€27,50*
Other Categories C2	€22,50*

*When you are riding the for the first time a TORQ 3 Nations Cup race there will be €5,00 additional cost for a plate.

03.4 RIDER CONFIRMATION & PLATE COLLECTION

Managers/coaches/parent can collect packages on behalf of racers, providing;

- The rider's license
- Parental Authorisation (If applicable)

Confirmation Schedule

See section 02.1 and 02.2

03.5 DISCLAIMER AND LIABILITY RELEASE

Racers voluntarily assume full and complete responsibility for all risks associated with participating in the Event and for any injury, accident or damage that may occur during their participation in the Event, including by way of example and not limitation: (a) travelling to and from the Event; (b) falls; (c) mechanical failures of equipment; (d) collisions with other participants, spectators and fixed or moving objects; (e) the effects of weather, including temperature extremes; (f) use of chairlifts, gondola or shuttle vehicles; (g) traffic accidents; (h) trail and road conditions; and (i) the negligence of themselves and/or others.



04 RACE
INFO

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04 RACE INFO

04.1 LOCATION

The mountain bike route VAM Berg goes around and over this former waste mountain. The Col du VAM is about 37 meters high. After the climb, you have a fantastic view of the surrounding area.

Navigation Address

The location doesn't have an exact location to navigate to. The address that is most close to the location is:

Vamweg 7
9418 TM Wijster
[52°47'16.5"N 6°31'49.3"E](https://www.google.com/maps/place/52°47'16.5\)

04.2 Course Map

Distance:	4,6 kilometers/2,86 miles
Ascent +/-:	100 meters/328 feet
Descent +/-:	100 meters/328 feet
Rockgardens:	4
Gap Jump:	1
Tech/Feedzones:	2 (2,6 km and 4,2 km)

Startclimb

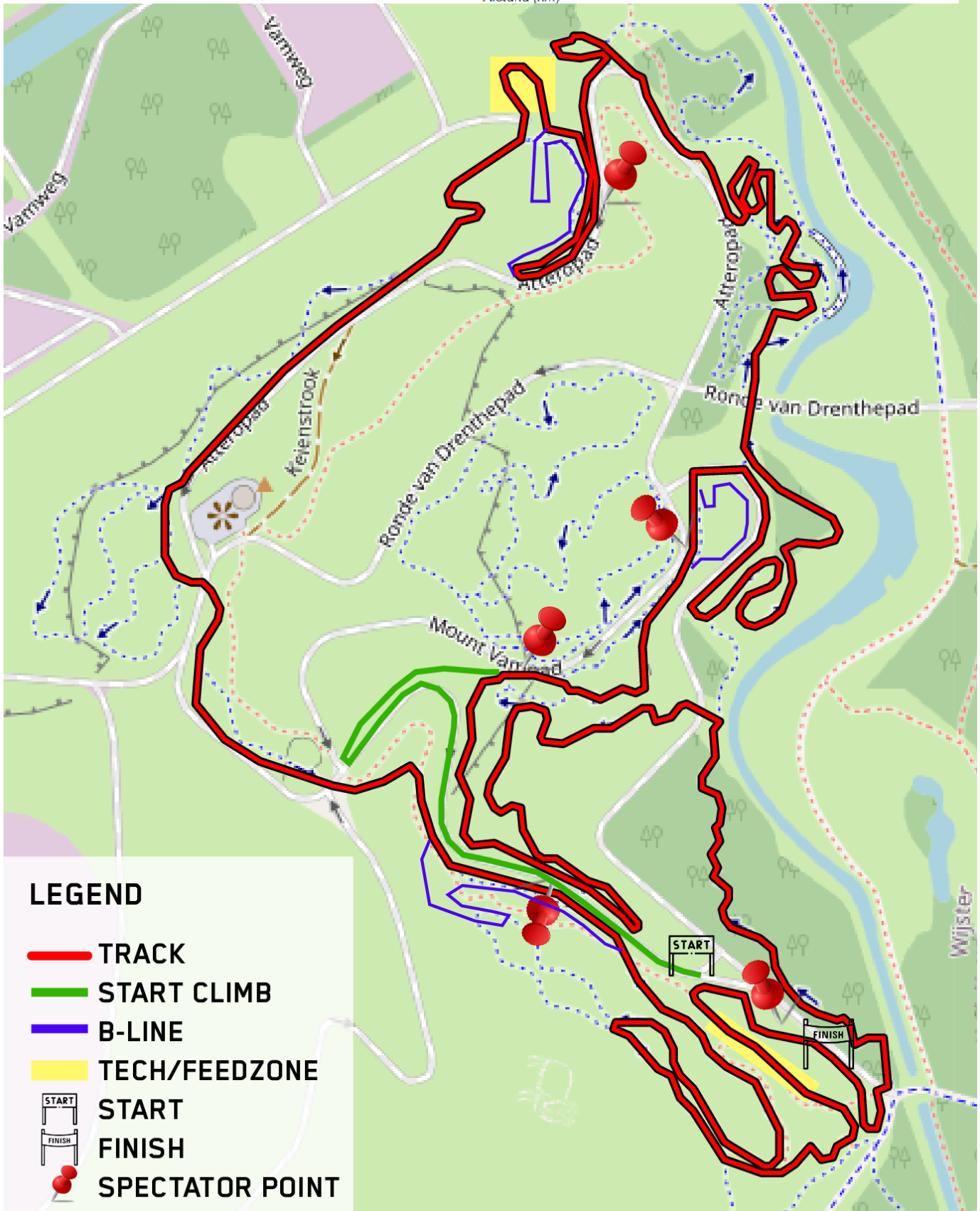
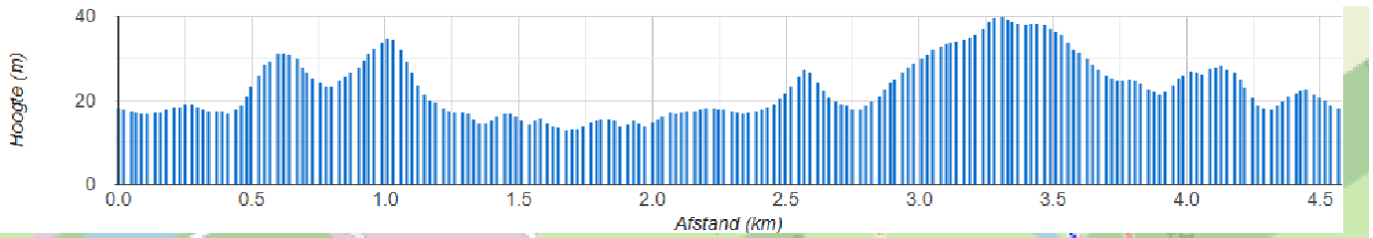
Distance:	0,6 kilometer/0,37 miles
Ascent +/-:	36 meters/105 feet
Percentage increase:	8% average

The route on "VAM-Berg" is known for its long and steep climbs and rock gardens in the descents. On this barren mountain, you can keep a close eye on where your opponents are riding. Because of this open character of the mountain, this race is also very good to follow for the public.

On the most technical rock gardens, there will be a B line. This one is easier to bike but slower.

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LEGEND

-  TRACK
-  START CLIMB
-  B-LINE
-  TECH/FEEDZONE
-  START
-  FINISH
-  SPECTATOR POINT

TROPHY

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04.3 VENUE MAP



LEGEND

-  APPROACH ROUTE
-  PARKING
-  BOOKED CAMPERSPOTS
-  BOOKED TEAMSPOTS
-  COURSE
-  MEDICAL
-  INFO/REGISTRATION
-  FOOD

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04.4 TRAINING

TRAINING SCHEDULE: Please see Event Schedule

During the official training sessions there will be medical support on the event area.

Outside of these times, riding on the course is entirely at your own risk and the organization does not guarantee any damages, accidents or errors on the course.

04.5 TIMING

Timing system: MyLaps Eventtiming

If you do not own a chip, it can be rented at registration for a fee of €10.00
All riders are responsible for the return of their transponder in the finish area. Any nonreturned transponder will be invoiced 100 euros

Participants with their own chip are responsible for a working chip. If you doubt whether the batteries are still good, have them checked beforehand by a KNWU jury member at the finish line.

04.6 STARTING POSITON

After the first race of the 3 Nations Cup 2026, the starting positions will be determined

Based on the following guidelines:

1. The last published interim ranking in the UCI MTB ranking
2. The overall ranking in the 3 Nations Cup. In the races in Germany, the overall ranking in the 3 Nations Cup alternating between the overall ranking of the Bundesliga and NRW Cup.
3. According to a draw
4. The jury chairman may provide a privileged starting position for up to five drivers (not for races in UCI categories). These riders will start from 11th to 15th position.

04.7 TECHNICAL AND FEEDZONES

There will be 2 tech and feedzones on the course. These zones will be clearly indicated with signposting and can also be found in chapter 4.1 of this Technical Guide. Its only allowed to use these zones for technical assistance and feeding. Not following these rules will be reported to the commissaire.

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04.8 PRIZE MONEY COLLECTION

Prize money will be paid by the local organizing team. Please follow the below process to claim your prize money if you place Top 10 in Elite Men and Women as well as Top 5 in U19.

For the U17 and the masters and amateur categories there will be prize money for the top 5

Rank	Elite Men/ Women	Junior Men /Women	U17 Men/ Women	Master	Amateur
1	€ 250,-	€ 80,-	€ 65,-	€ 60,-	€ 50,-
2	€ 200,-	€ 65,-	€ 50,-	€ 40,-	€ 40,-
3	€ 150,-	€ 50,-	€ 30,-	€ 25,-	€ 25,-
4	€ 125,-	€ 30,-	€ 25,-	€ 20,-	€ 20,-
5	€ 100,-	€ 25,-	€ 20,-	€ 15,-	€ 15,-
6	€ 90,-				
7	€ 80,-				
8	€ 70,-				
9	€ 60,-				
10	€ 50,-				

If you are entitled to prize money, you must stop by registration on the day of the event to leave your bank information here. Should you not stop by at the time of the event to leave your details you will no longer be eligible for the prize money.

04.9 AWARD CEREMONIES

The award ceremony will take place at the event area for the top 3 of each race. The estimated times of the ceremonies are shown in chapter 2. They will take place as soon as possible after the finish of the race.

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04.10 UCI POINTS

The UCI Rider categories will be awarded points according to the UCI regulations.

Rank	Elite Men/Women	Junior Men/Women
1	30	20
2	20	18
3	15	16
4	12	14
5	10	12
6	8	10
7	6	8
8	4	6
9	2	4
10	1	2
11		
12		
13		
14		
15		

04.11 TEAM SPOTS

During the MTB Festival it's possible to book your own team spot. The team spots are 4x7,5 of 4x15 meter and can be booked on www.mtbfestival.nl. A few days before the event you receive an e-mail with the mapping of the teamspots.

04.12 JUDGES

The following judges from the KNWU and the UCI will be active during the races.

Role	Name
UCI President	Tomasz Cichy
KNWU President	Hubert Emans
Race Commissaire	Koos Feiken
Commissaire	Jan Eppo Nieborg
Commissaire Tech/Feedzone	Johan Dorgelo
Commissaire Tech/Feedzone	Philip Kootstra
Commissaire Arrival	Nelie Schouten
Registration	Nel Haddingh
Speaker	Erik Jager
Commissaire Results	Frank veen

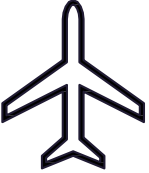
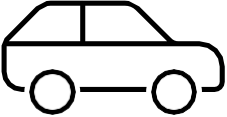
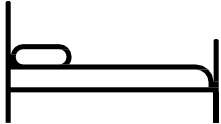
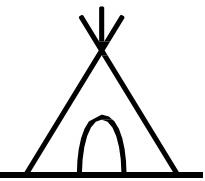


05 VENUE

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05 VENUE INFO

	<p><u>05.1 INTERNATIONAL AIRPORTS</u></p> <p>Groningen – 50km Münster – 150km Amsterdam – 176km</p>
	<p><u>05.2 TRAVEL BY CAR</u></p> <p>Navigation Address The location doesn't have an exact location to navigate to. The address that is most close to the location is:</p> <p>Vamweg 7 9418 TM Wijster 52°47'16.5"N 6°31'49.3"E</p>
	<p><u>05.3 ACCOMODATION</u></p> <ul style="list-style-type: none"> - For hotels / guest houses we recommend searching at booking.com. - For local apartments, smaller cottages and private accommodations we recommend to search through the website of https://www.airbnb.nl/
	<p><u>05.4 CAMPING</u></p> <p>Beside the traditional hotel facilities there will also be a campsite built close to the start/finish area. You can stay here with the camper or caravan provided you are completely self-sufficient. There is no electricity, water or sanitation available.</p> <p>More information and booking at www.mtbfestival.nl</p>

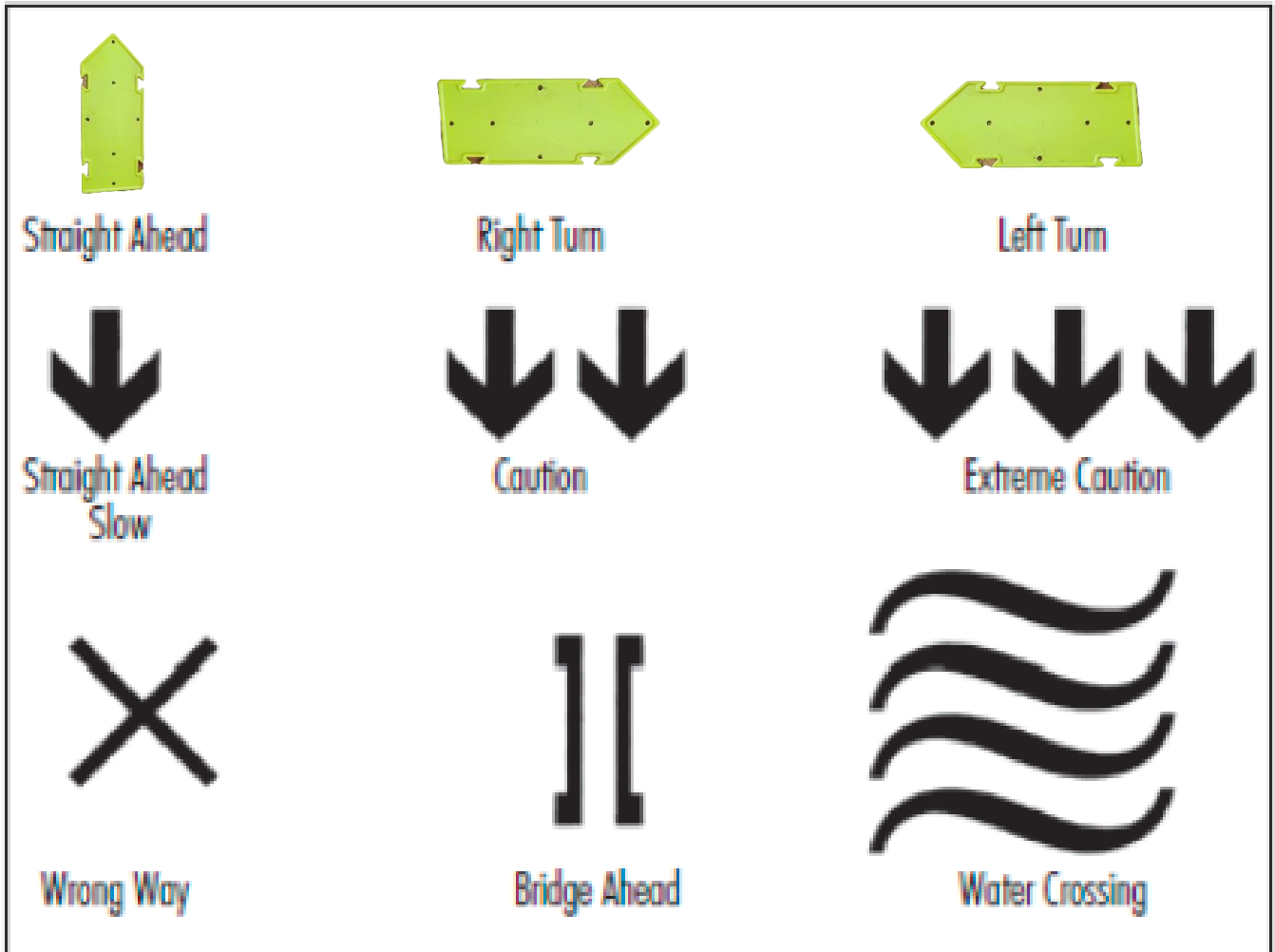
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	<p><u>05.5 PARKING</u></p> <p>Close to the start/finish area there will be a big grassland to park your vehicle follow the directions of the traffic controllers at all times. Should weather conditions prevent parking on the grassland, this will be communicated via the website www.mtbfestival.nl Parking location can be found at chapter 04.3</p>
	<p><u>05.6 TOILETS</u></p> <p>Toilets will be available in the Event Village.</p>
	<p><u>05.7 SHOWERS</u></p> <p>Not available.</p>
	<p><u>05.8 WASTE MANAGEMENT</u></p> <p>At the event site there will be trash cans for your trash. If you are in the RV sites, we ask that you bring your own trash and separate it at home.</p>
	<p><u>05.9 SECURITY</u></p> <p>Please do not leave bikes or equipment unattended at any time. Although surveillance will be in place individuals are responsible for their personal property at all times.</p>
	<p><u>05.10 FOOD</u></p> <p>Like last year, Hotel Wesseling will be present with a food truck on the event area. Food and drinks can be purchased here during the two event days</p>



05.11 SIGNING





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06 MEDICAL

06 MEDICAL

06.1 EMERGENCY RESPONSE

A medical team will be in attendance during all official practice and competition times. The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the event medical centre located at the event village.

06.2 NEAREST HOSPITAL

The closest Hospital (12 kilometers) to the event venue can be found as per the below.

Address: Dr. G.H. Amshoffweg 1, 7909AA Hoogeveen
Phone number: 088-1292929

Colofon

Pictures from:

@ 21adventures.nl

@ fanfoto.nl

@ Patrick van der Veen Fotografie

Latest update: 10-02-2026